### Forms of feedback

### Dawn Grow

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#### Forms of feedback:

- 1. Sight
- 2. Sound
- 3. Smell
- 4. Taste
- 5. Touch

### Ten activities that employ feedback:

## 1. Eating ice cream



a. Taste and touch, smell if it has a specific flavor

### 2. Choosing photos to print



a. sight and touch

# 3. Driving a car



a. Sight, sound, touch

# 4. Playing basketball



a. Touch, sight, sound and smell if you count the sweat everyone is doing.

# 5. Gardening



a. Touch, sight, smell the flowers and grass, taste if you eat the produce, and sound if you hear the bees.

# 6. Screaming



a. Sound (very much)

## 7. Dancing



a. Sight (if you don't want to fall down), sound (to hear the music), touch (if you have a partner as well as the floor) and smell (if you have a partner with cologne)

### 8. Washing the dishes



a. Sight ( to see if they are finally clean), smell (the soap), touch to grasp the dishes

# 9. Mailing a letter



a. Sight to write the letter, taste when you lick the envelope, touch when you put it in the mailbox

## 10. A child playing with toys



a. Sight (they see the toys and guide actions), sound (they make (car) noises), taste (if they put said toy in their mouth) and touch (active action handling it)

Using four 8-11 year old girls, I got the following results:

- Tie your shoe the girls were all successful, it is a regular thing they are accomplished at.
- Write your name on a piece of paper the girls were fairly successful the older they were.
- Write a text message using a touch screen keyboard this was NOT successful. The phone tried to correct the words they typed but the letters complied were meaningless jumbo.

#### When I tried these same activities ...

- Tie your shoe I wasn't wearing shoes with ties today so I had to wait until I got home and has access to some. The shoe tying was very easy. I think it makes sense that the older people get the more practice they have, unless they opt for Velcro. When a person ties their shoes, usually the knee gets in the way of sight so they are automatically used to doing it blind.
- Write your name on a piece of paper my handwriting for eyes open and eyes closed was
  very similar. I tend to do some things without looking and writing my name can sometimes
  fall under that heading.
- Write a text message using a touch screen keyboard When I tried to text on my iphone with my eyes closed, the stupid auto-correct kicked in and changed it all before I could open my eyes. When I tried again, "have a good day" came out "Ha s. Giid dat". I was close but with the autocorrect, it was better since it corrected my words. I think it helps since we know where the letters are on a keyboard. I think this would be harder for someone who would normally 'hunt-and-peck' at the keyboard.